



Monthly Motivators

April 2024



S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Ways for living more sustainably:

- Opt for reusable items
- Unplug appliances not in use
- Reduce your shower time and temperature
- Eat your leftovers instead of throwing them out
- Plant your own fruit, vegetable, or herb garden
- Take public transportation: carpool, walk, or bike



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GOAL:

Reduce, reuse, or recycle 3 days per week!

Use the calendar to keep track and the ideas to get started.