

# Your EAP:

**Private.  
Confidential.  
Here for you.**



**Your story.  
Your terms.  
Your privacy protected.**

Your EAP is a personal, private resource for life's challenges—everything you share is 100% confidential.

**Connect with EFR today.  
It's free, confidential, and just for you.**

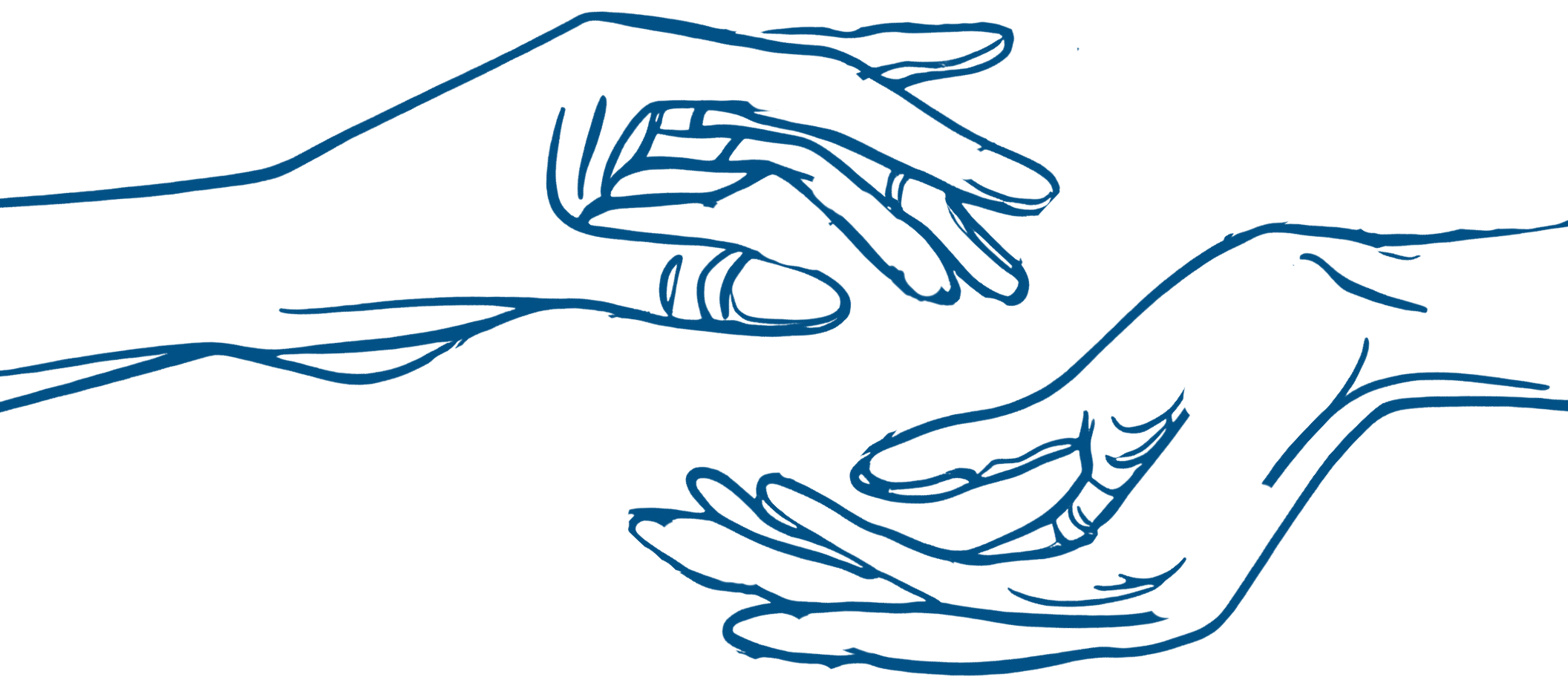


EFR EMPLOYEE & FAMILY RESOURCES

800-327-4692 | [efr.org](http://efr.org)

# Your EAP:

## Support Made Simple.



Asking for help can feel like the hardest step—  
EFR makes it easier.

**No logins**

**No enrollment**

**No hassle**

**Call us 24/7/365 or connect online.**

**Help is just a call, chat, or click away.**

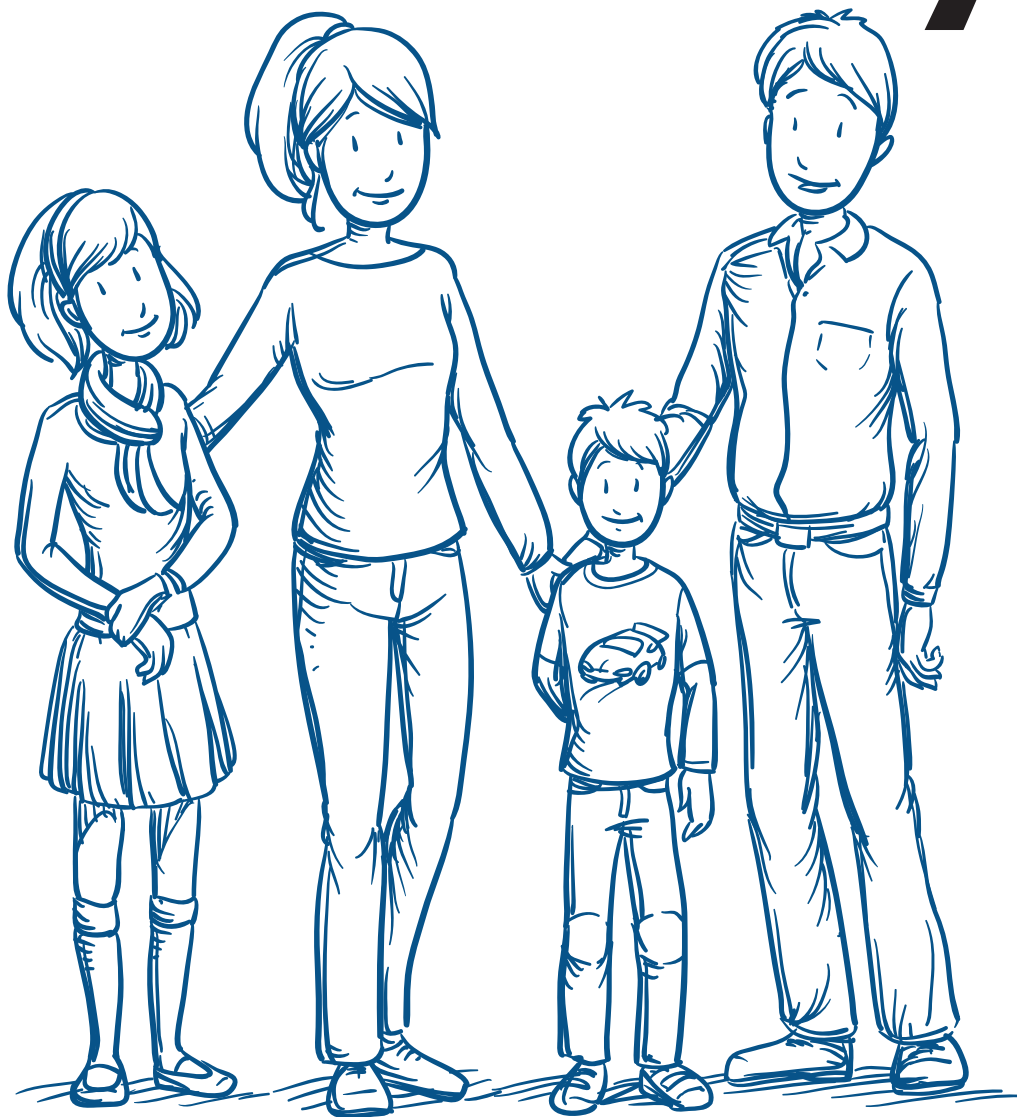


EFR EMPLOYEE & FAMILY RESOURCES

**800-327-4692 | efr.org**

# Your EAP:

## Support for You— and Your Family



Your Employee Assistance Program (EAP) is here for you and your household family members, too! **Anyone in your home** can access free, confidential support anytime.

**No sign-ups or extra steps—just call us 24/7/365 or connect online. Help is always here for you and those who matter most.**



EFR EMPLOYEE & FAMILY RESOURCES

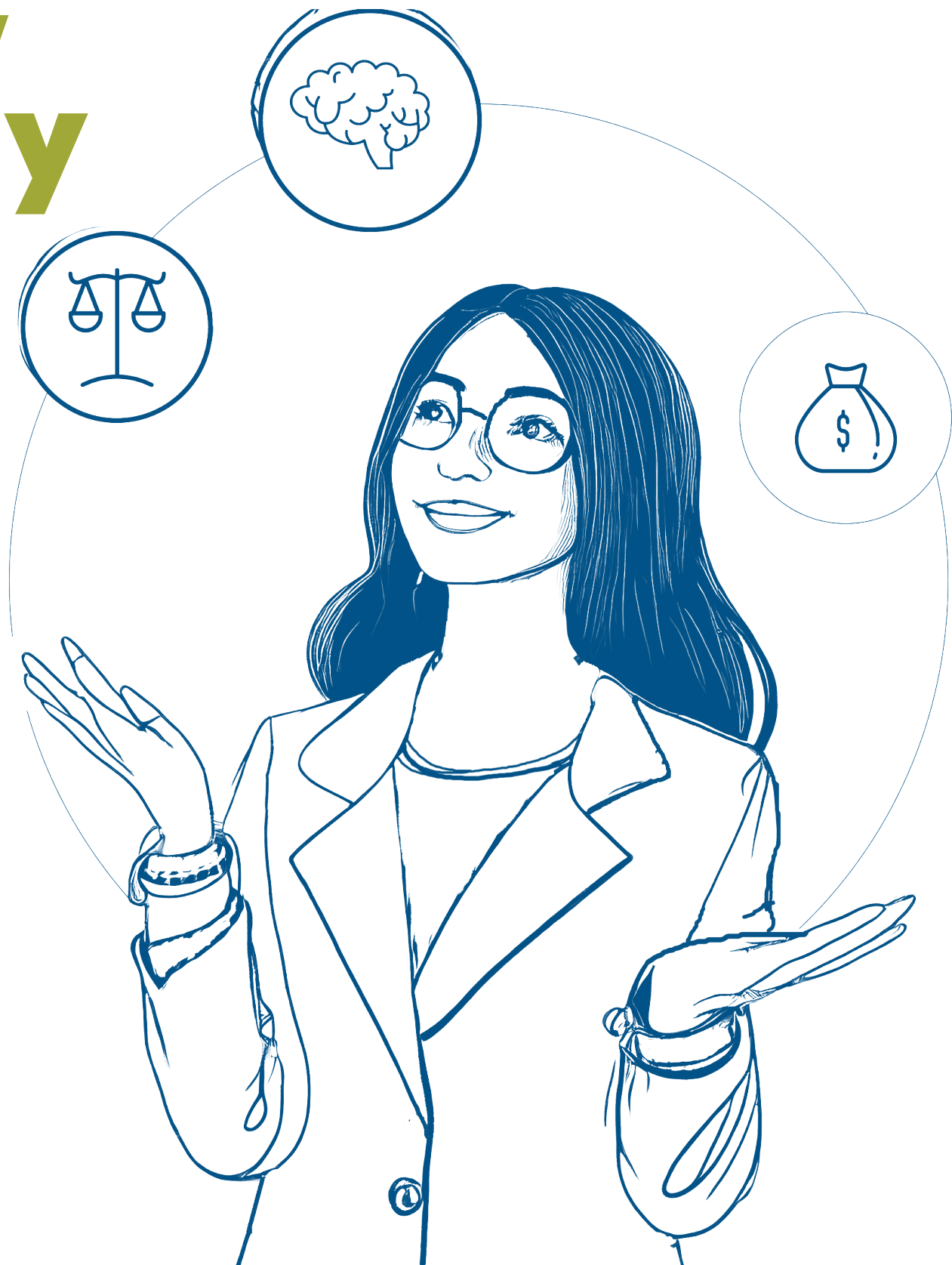
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# Your EAP:

## Support, Your Way

**Counseling?  
Coaching?  
Financial advice?  
Legal help?**

You don't have to  
pick and choose—  
use any or all  
services.



Your EAP is here to fit your life, on your terms, with expert support.

**Start today—help is just a call or click away!**



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